

2023

My 3 words for the year:

My 3 main goals:

+ 1 action for each goal that brings me closer to achieving it

Goal 1

Goal 2

Goal 3

Action

Action

Action

Additional goals:

Career/Finance

Self-Development

Health/Body

Family/Partner/Friends

Hobbies

Spirituality

Bucket list:

1.

2.

3.

4.

5.

6.

7.

8.

9.

10.

11.

12.

13.

14.

15.

2023: A BIRD'S EYE VIEW

January

February

March

April

May

June

July

August

September

October

November

December

Use this template to give every month a **theme** (e.g. health, home, etc.), and divide your goals throughout the year. You can also add major to-do's such as "file taxes", etc.

ACTION PLAN STEP BY STEP

Goal

Action

Next Steps

1.

2.

3.

4.

Goal

Action

Next Steps

1.

2.

3.

4.

Goal

Action

Next Steps

1.

2.

3.

4.

Goal

Action

Next Steps

1.

2.

3.

4.

Goal

Action

Next Steps

1.

2.

3.

4.

Goal

Action

Next Steps

1.

2.

3.

4.